



Healing Elements Day Spa

Here at Healing Elements Day Spa, each guest receives a high-quality spa experience by a certified and caring professional. Our tranquil and safe environment will help to promote stress reduction, life balance, and therapeutic healing.

Phone number:

262-306-6691

Website:

HeDaySpa.com

Hours:

Monday - Thursday

8AM-8PM

Friday 8AM-6PM

Saturday 8AM-4PM

Some Sundays

11AM-4PM

Services Offered:

Massage, Facial, Body,

Hair and Nail Services

Healing awaits you at Healing Elements Day Spa. We want your experience to be memorable - you'll begin by entering our comfortable, welcoming reception area. Take a deep breath and leave the outside world behind as you step into a world of relaxation and healing. Relax in the Solaris Lounge with the starry sky overhead as you wait for a service professional to escort you back to your personal service area. We are here to customize your service to your specific needs. Undergo a facial in our Wood room, a couples massage in our Earth room, or a hot stone massage in our Fire room. Experience a Vichy shower in our Water room, a spa manicure in our Nail area, a new style in our Hair Salon or yoga in our Wellness Center. Our extensive menu will entice you to try something new each visit.

2175 Continental Dr. West Bend, WI 53095

Policies

Cancellations

Because our services are reserved especially for you, as a courtesy to our clients and our staff of professionals, we require 24-hour cancellation notice for any single service and a 48-hour cancellation notice for all weekend appointments, multiple services, spa packages or groups of 2 or more. A major credit card or gift certificate number are required to secure your reservation. Late cancellations will incur a 50% charge of reserved services or redeemable gift certificate value. Any no-show or calls to cancel within 1 hour of service will incur a full-service charge unless it is able to be rebooked with another client.

Children

Minors (17 and under) are welcome with a guardian's approval. Guardian must be present at time of check-in to approve services. Guardians are welcome to stay in the service room during the treatment. Mandatory guardian presence is required for children under 12. To ensure all of our guests have an enjoyable experience we ask that you refrain from bringing children to your appointment unless they are also scheduled for an appointment. If you have children in your group getting services, they need to be accompanied by an adult the entire time they are here. Since our clients come here to relax and unwind, we expect that children enjoying our services will be respectful of both clients and our service staff.

Reservations

It is never too soon to make your spa appointment. Advance reservations are strongly recommended. Please be aware that our weekend prices may be higher due to demand. In order to reserve your appointment, you will be asked to provide a credit card or Gift card number at the time of booking.

Gift Cards

Gift cards can be purchased in any amount and used for any spa services or products. Gift cards are nonrefundable and not redeemable for cash. Healing Elements is not responsible for lost or stolen gift cards. Gift cards have a 1-year use by date after which the gift card will start to decrease in value 10% each month.

Valuables:

For your convenience, a secure spa locker will be provided for you during your service for clothing and small personal items. Healing Elements is not responsible for lost or stolen items.



Healing Elements reserves the right to change prices without notice.

2024

Skin Care

We pride ourselves in customizing all services based on your needs. You and your esthetician can decide what is best for your skin and your wallet.

Express Customized Facial - 1/2 hour	\$50
Customized 1-hour Facial	\$85
Ultimate Customized Facial - 1 1/2 hour	\$110
1 hour Back Facial	\$85
1/2 hour Back Facial	\$55
All about You Facial 1 hour	\$90
Chemical peel facial	
High-Frequency Express	\$15
Hydrafacial Procedure -1/2 hour	\$199

The Hydrafacial resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extractions, and hydration, including Vortex-fusion of antioxidants, peptides, and hyaluronic acid. The Hydrafacial is non-invasive, non-surgical procedure that delivers instant results with no discomfort or downtime. This procedure is immediately effective.

Eye Perk add-on	\$40
Organic Hydrafacial 1 hour	\$215
Chemical Peel 1/2 hour	\$65
Dermaplaning	\$60
Lip Treatment add-on	\$15
Hand and Foot Treatment add-on Facial	\$15
Cupping add-on	\$15
Hydrojelly add-on	\$15
Invigorating Scalp Massage 1/2 hour	\$55

Rejuvenate your skin with a custom facial

Eminence Organic Skin Care - uses 100% organically grown, hand-picked fresh herbs, fruits, vegetables and pure spring water in their nourishing, rejuvenating products.

IMAGE Skincare - clean clinical skincare with naturally effective, mindful formulas that deliver real results.

Gift Cards:

Giving the Gift of Wellness is perfect for any occasion!

Birthdays ~ Graduations ~ Thanks
Anniversaries ~ Congratulations

Healing Elements Day Spa gift cards can be purchased online or at the day spa in any amount.

www.HeDaySpa.com



Massage

1/2-hour Massage	\$50
1-Hour Massage	\$85
1 1/2-hour Massage	\$115
1/2-hour Deep-Tissue Massage	\$55
1-hour Deep-Tissue Massage	\$95
1 1/2-hour Deep-Tissue Massage	\$130

Cupping 1/2-hour	\$55
Cupping add-on	\$5
Kinesio Taping	\$15/joint
CBD Oil add-on	\$18/ 1oz
Light Therapy add-on	\$10
Steam add-on	\$3

Aroma Therapy Massage 1-hour	\$90
Taijitu Massage 1-hour	\$170

Just as the concept of yin and yang describes two simultaneously opposing and complementary aspects, so too does our four-handed massage.

Element of 2	\$160
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This private couples-massage class teaches you how to massage someone you care about. You will learn proper techniques so you won't hurt your partner or yourself. You will receive an information booklet to take home.

Spa Reflexology 1-hour	\$95
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Indulge your feet in an hour of massage enhanced with the ancient, healing techniques of reflexology. Full body relaxation is achieved via stimulation of nerve endings in the feet. There are some contradictions to this service.

Pregnancy Massage – no extra charge

Please inform the desk if you are expecting when scheduling. Verify with your doctor you are ok to have massage. There can be contradiction to having a massage while pregnant. We do have pregnancy tables available for use. This service is available in 1/2-hour, 1 hour, and 1 1/2-hour sessions.

Raindrop Therapy 1-hour	\$95
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Raindrop Therapy 1 1/2-hour	\$125
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Drops of pure essential oils fall like gentle rain onto your back. It is designed to bring the body into balance, release blockages and help align energy centers.

Ultimate Detox 1-hour	\$100
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The use of Raindrop oils along with a magnetic blanket of cups will help to detox the body. Please be advised to drink lots of water before and after the service.

Lymphatic Massage 1-hour	\$95
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Lymph massage or Lymph drainage is a gentle, relaxing form of massage that reduces swelling, relieves fatigue and helps the body detox. It can also help to reinforce the immune function.

Manual Lymph Drainage	\$150
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MLD is used to offer relief in many disorders. Additionally, MLD is used to manage post operative swelling and inflammation and aid in sports injury recovery.

Healing Elements Day Spa



Couples Massage – No extra charge

Not available for all services. Must be mentioned at the time of booking as we only have 2 couples rooms.

Acupuncture/Bodywork

Acupuncture/Bodywork:

New Clients 1 1/2-hour \$115

1-hour \$85

1/2-hour \$50

Deep Tissue Bodywork 1 1/2-hour \$130

1-hour \$95

1/2-hour \$60

Hot Stone Massage 1/2-hour \$60

Hot Stone Massage 1-hour \$95

Hot Stone Massage 1 1/2-hour \$130

Dry Brush add-on \$15

Peppermint Chill 1 1/2-hour \$120

Full body dry brush, incorporates hot and cold stones, Peppermint foot scrub, invigorating scalp with cold stone facial massage to finish.

Synergy Massage 1 1/2-hour \$120

A full-body dry brush to refresh the skin, Raindrop oils on the back to help build your immune system and a warm mud on the feet to help prepare your body for detoxing.

Shirodhara Massage 1-hour \$100

Experience a treatment unique and powerful in its ability to relieve physical and emotional tension and achieve a state of ultimate calmness in the nervous system.

Shirodhara opens your chakras while incorporating a foot massage and therapeutic oil flowing on your third eye.

Cranial-Sacral Therapy 1-hour \$95

CST is a gentle-hands on approach to relieving tension in the body, helping relieve pain and dysfunction and help to improve whole-body health. Therapist will work on the head (cranium) to the base of the spine (sacrum) for most of the service while the client is fully clothed (comfortable clothing is recommended).

BioHacking Treatment 1-hour \$60

4 Modalities - Infrared PEMF Mat, Light Therapy, Compression Therapy, and Neuroscience by NuCalm

Leg Compression Therapy \$15

PEMF Mat \$15

Relax in our Solaris Lounge
with stars overhead.

#hedayspa

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Hair & Nails

Here to treat you from Head to Toes

Women's Haircut	\$40
Men's Haircut	\$30
Children's Haircut (under 11)	\$25
Full Highlights	\$90
Partial Highlights	\$75
All-over Color	\$65
1-Step Color	\$45
Perm with Haircut	\$95
Shampoo with Style	\$36
Style	\$35
HE Blow Out	\$50
Hair Consult	\$25
Formal Updo	\$60
Hair Conditioning add on	\$15
Toner Service	\$45
Toner add-on	\$25
Brazilian Blow out	\$200
GK Straightening System	\$175
Balayage	\$120
Tape-in or Halo Extensions	
see stylist for prices	

*Haircuts include shampoo and style Longer hair may incur an increased price. Additional charges may incur due to higher levels in hair or nails.

We offer natural nail services using CND Shellac, CND Vinylux and Dazzle Dry Polish.

*Shellac punch cards are available.

Manicure	\$30
Spa Manicure	\$40
Includes scrub and mask	
Pedicure	\$45
Spa Pedicure	\$55
Includes scrub and mask	
Children's Manicure	\$20
(10 and under)	
Children's Pedicure	\$30
(10 and under)	
Manicure Uv add-on	\$10
Manicure polish can last 2-3 weeks	
Pedicure Uv add-on	\$15
Pedicure polish can last 2-3 weeks	
French Tip Polish	\$10
(UV is upcharge)	
Color Changing UV Polish	\$5
Removal of Shellac Polish	\$10
Dazzle Dry Polish	\$5
Nail Art	\$10
Hand Paraffin	\$5
Hot Stone Pedicure add-on	\$5

Lack time - Corporate Nail Services
available upon request

Our Professional experienced and trendy group of stylists are sure to meet your every need, whether you desire a simple trim or a complete makeover.

Waxing & Makeup

Please make sure there is 1/4" hair growth for removal of the underarms, bikini and legs.
No tanning 24 hours before. No use of Retin-A or Renova products.

Waxing Services

Lip	\$15
Brow	\$20
Lip & brow	\$30
Chin	\$15
Lip & Chin	\$25
Full Face	\$35
Underarms	\$25
Arms	\$35
Nose	\$20
Chest & Midriff	\$50
Back & Shoulders	\$60
Bikini	\$45
Partial Brazilian	\$55
Full Brazilian	\$75
Half Legs (knees down)	\$55
Full Legs	\$80

Permanent Jewelry

*All chains are Gold Filled, Stainless or Sterling Silver

Bracelet:	6-8 inches	Chains	\$50
Clasps	\$5	Connectors	\$5
Double Circles	\$15		
Anklet:	9-12 inches	Chains	\$75
Necklace:	15-30 inches	Chains	
Under 19 Inches	\$100		
Over 20 Inches	\$125		

Makeup

Make-up Service	\$30
Formal Make-up	\$45
Lash Tinting	\$20
Brow Tinting	\$15
Lash & Brow Tinting	\$30
Lash Lift	\$60
Lash Lift with Tint	\$75
Brow Lamination	\$75-105





Water/ Float



Water Services

Season of Elements **\$90**

Full body sugar scrub to remove lifeless skin and hydration to replenish dry skin.

Vichy Shower (add-on) 1/2 hour **\$60**

The vichy shower is perfect addition to your spa experience

Water Massage 1 hour **\$95**

Let the Element of Water and our Vichy shower wash your stress right down the drain with a tropical rainstorm for your body.

Dead Sea Mud Wrap **\$95**

Let the healing properties of our warm dead sea mud and essential oils vanish fatigue and stress.

Float Therapy

Float Pool 1 hour **\$60**

Flotation Therapy is essentially a way of achieving deep relaxation by spending an hour or more lying quietly in darkness, suspended in a warm solution of Epsom salt.

Ultimate relaxation for your muscles.

Float Pool 1/2 hour **\$30**

Float Pool 1 1/2 hour **\$75**

Infrared Sauna usage fee **\$20**

Sauna free of charge with any service in the back of the house.

Salt Therapy **\$15**

Added to any Sauna usage - is not guaranteed to be a private session.

Spa Packages

Buy 6 get 10% off each service

Choose any service we offer and purchase a package

Healing Package **\$150**

1 Hour Massage and 1 Hour Facial. Value \$170

Elements Package **\$325**

1 1/2 hour Hot Stone Massage, 1 hour Facial, 1 hour Season of Elements and 1/2 hour Invigorating Scalp Massage. Value \$370

Nails Package **\$85**

1 hour Spa Manicure and 1 Hour Spa Pedicure Value \$95

HE Signature Package **\$415**

1 hour Water Massage, 1/2 hour Invigorating Scalp massage, Hydrafacial procedure, Hair Conditioning service with style, Spa Manicure with UV Polish and Spa Pedicure value \$510

Our best of the best!

Package of your Choice - Call for Price

Don't see a package that you like? Call us and we can tailor a package just for you! Receive 10% off any spa services totaling 2 hours or more. Excludes waxing, nail and hair services.

Float Membership **\$50/ month**

Float Package - 3/\$165 6/\$300

*Can't decide on just one service?
Pick a Package at a discounted rate.*