

# About Healing Elements Day Spa



## Welcome

Healing awaits you at Healing Elements Day Spa. We want your experience to be memorable - you'll begin by entering our comfortable, welcoming reception area. Take a deep breath and leave the outside world behind as you step into a world of relaxation and healing. Relax in the Solaris Lounge with the starry sky overhead as you wait for a service professional to escort you back to your personal service area. We are here to customize your service to your specific needs; whether a facial in our Wood room, a couples massage in our Earth room, a hot stone massage in our Fire room, a Vichy shower in our Water room, a spa manicure in our Nail area, a new style in our Hair Salon or yoga in our Wellness Center. Our extensive menu will entice you to try something new each visit.

## Our Mission

At Healing Elements Day Spa each guest receives a high-quality spa experience by a certified and caring professional. Our tranquil and safe environment will help to promote stress reduction, life balance and therapeutic healing.



2175 Continental Dr. West Bend, WI 53095

## Healing Elements Day Spa Policies

### Cancellations

Because our services are reserved especially for you, as a courtesy to our clients and our staff of professionals, we require 24-hour cancellation notice for any single service and a 48-hour cancellation notice for all weekend appointments, multiple services, spa packages or groups of 2 or more. Please have a major credit card or gift certificate number available to secure your reservation. Late cancellations will incur a 50% charge of reserved services or redeemable gift certificate value. Any no-show or calls to cancel within 1 hour of service will incur full service charge unless it is able to rebook to another client.

### Product Returns

Any unused product may be returned with the original sales receipt within 30 days of purchase date for an in-house credit. Once a product has been opened, it cannot be returned. Please speak to our customer service representative regarding any questions you may have.

### Gratuuity

Gratuuity cannot be charged to a credit card. Gratuuity is not required but it is appreciated for all services. An additional gratuity may be added to groups. Our spa staff is dedicated to exceeding your expectations and creating a memorable spa experience.

### Gift Certificates

Gift certificates can be purchased in any amount and can be used for any spa services or products. Gift certificates are nonrefundable and not redeemable for cash. Healing Elements is not responsible for lost or stolen gift certificates. Gift certificates have a 1 year use by date after which the gift certificate will start to decrease in value.

### Money on Account - Packages

Money on account or money that has purchased packages is nonrefundable and nontransferable.

**Healing Elements Day Spa reserves the right to change prices without notice.**

\*Discounts and Specials must be used separately.

[www.HeDaySpa.com](http://www.HeDaySpa.com)

## General Information

### Reservations

It is never too soon to make your spa appointment. Advance reservations are strongly recommended. Please contact us at 262-306-6691 to make an appointment.

### Attire

Wear whatever is comfortable. We will provide a robe and sandals for your treatment, if you desire. During your treatment, our certified professionals are trained to drape you appropriately for privacy and comfort.

### Departure

Upon departure, please settle your account at our front desk.

### Wellness Center

Yoga and other classes are available in our Wellness Center. The space is also available for event rental. Email or call for details.

### Group Lounge

A group lounge is available for a minimal fee to use during service times. Food and beverages can be brought to use in this space.

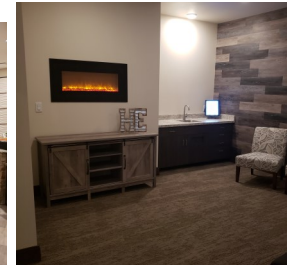
### Valuables

For your convenience, a secure spa locker will be provided for you during your service for clothing and small personal items. Healing Elements is not responsible for lost or stolen items.

### Children

Minors (17 and under) are welcome with a guardian's approval. Guardian must be present at time of check-in to approve services. Guardians are welcome to stay in the service room during the treatment. Mandatory guardian presence is required for children under 12. To ensure all of our guests have an enjoyable experience we ask that you refrain from bringing children to your appointment unless they are also scheduled for an appointment. If you have children in your group getting services, they need to be accompanied by an adult the entire time they are here. Because people come here to relax and unwind, we expect that children enjoying our services will be respectful of both clients and our service staff.

## Appointments and Hours of Operation



We are open to serve you 7 days a week. Appointments are always recommended.

**Monday - Thursday** 8:00am - 8:00pm

**Friday** 8:00am - 6:00pm

**Saturday** 8:00am - 4:00pm

**Sunday** 11:00am - 4:00pm

*Phone*

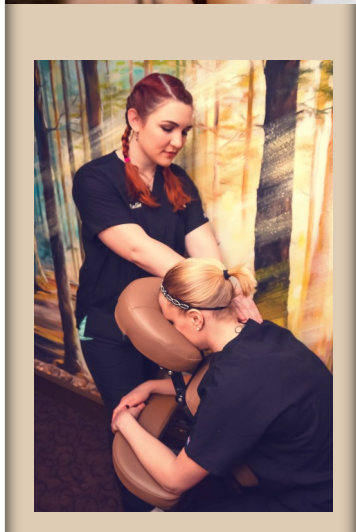
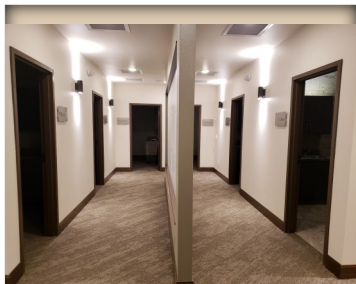
**262-306-6691**

*Email*

**info@hedayspa.com**

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In order to reserve your appointment, you will be asked to provide a credit card or gift certificate number at the time of service booking.



Start your journey with a massage in our Earth Room *Earth - Massage Therapy*

Massage is one of the oldest healing therapies in the world. Before the introduction of modern technology and medicine, massage therapy aided in the healing of the mind, body and spirit. Today massage is still practiced for those same benefits as well as serving as a proactive approach to well-being and inner peace. At HE every service is customized to your specific needs by licensed professionals.

<b>1/2 hour Massage</b>	<b>\$45</b>
<b>1 Hour Massage</b>	<b>\$75</b>
<b>1 1/2 hour Massage</b>	<b>\$95</b>
<b>1/2 hour Deep-Tissue Massage</b>	<b>\$50</b>
<b>1 hour Deep-Tissue Massage</b>	<b>\$85</b>
<b>1 1/2 hour Deep-Tissue Massage</b>	<b>\$110</b>
<b>Cupping 1/2 hour</b>	<b>\$50</b>
<b>Kinesio Taping</b>	<b>\$15 per joint</b>
<b>CBD Oil add-on</b>	<b>\$15 / 1oz</b>

<b>Invigorating Scalp Massage 1/2 hour</b>	<b>\$50</b>
<b>Taijitu Massage 1 hour</b>	<b>\$120</b>
Just as the concept of yin and yang describes two simultaneously opposing and complementary aspects, so too does our four-handed massage. Having two therapists work in unison is truly a heaven-on-earth experience.	
<b>Elements of 2</b>	<b>\$130</b>
This private couples-massage class teaches you how to massage someone you care about. You will learn proper techniques so you won't hurt your partner or yourself. You will receive an information booklet to take home.	
<b>Light Therapy add-on</b>	<b>\$10</b>
<b>Ultimate Detox 1 hour</b>	<b>\$80</b>
The use of Raindrop oils along with a magnetic blanket of cups will help to detox the body. Please be advised to drink lots of water before and after the service.	

<b>Spa Reflexology 1 hour</b>	<b>\$80</b>
Indulge your feet in an hour of massage enhanced with the ancient, healing techniques of reflexology. Full body relaxation is achieved via stimulation of nerve endings in the feet. - There are some contraindications to this service.	
<b>Pregnancy Massage</b>	<b>No extra charge</b>
Please inform the desk you are expecting when scheduling. Verify with your doctor you are ok to have massage. There can be contraindications to having massage while pregnant. We do have pregnancy tables available for use. This service is available in 1/2 hour, 1 hour and 1 1/2 hour sessions.	
<b>Couples Massage</b>	<b>No extra charge</b>
Not available for all services. Must be mentioned at the time of booking as we only have 2 couples rooms.	

<b>Corporate Chair Massage</b>	<b>Call for price</b>
A 10-15 minute massage that focuses on the high-tension areas of the neck, back and shoulders. Chair massage is performed on an ergonomically designed portable chair, in which you are facing forward with your head in a face rest. Chair massage is especially effective at producing therapeutic results in a brief period of time and is performed right at your place of business.	
<b>Your employees' wellness is not a luxury, but an investment.</b>	
<b>Lymphatic Massage 1 hour</b>	<b>\$85</b>
Lymph massage or Lymph drainage is a gentle, relaxing form of massage that reduces swelling, relieves fatigue and helps the body detox. It can also help to reinforce the immune function.	
<b>Cranial-Sacral Massage 1 hour</b>	<b>\$85</b>
CST is a gentle-hands on approach to relieving tension in the body, helping relieve pain and dysfunction and help to improve whole-body health. Therapist will work on the head (cranium) to the base of the spine (sacrum) for most of the service while the client is fully clothed (comfortable clothing is recommended).	



Rejuvenate your skin with a custom facial.

Eminence Organic Skin Care - that uses 100% organically grown, hand-picked fresh herbs, fruits, vegetables and pure spring water in their nourishing, rejuvenating products.

Glotherapeutics is used for our non-organic Facials. Free of parabens and dyes with a high concentration of actives and innovative ingredients.

<b>Express Facial 1/2 hour</b>	<b>\$45</b>
<b>Essentials Facial 1 hour</b>	<b>\$70</b>
<b>Ultimate Facial 1 1/2 hour</b>	<b>\$85</b>
<b>Essential Back Facial 1 hour</b>	<b>\$75</b>
<b>1/2 hour Back Facial</b>	<b>\$45</b>
<b>1/2 hour Organic Facial</b>	<b>\$50</b>
<b>1 hour Organic Facial</b>	<b>\$75</b>
<b>1 1/2 hour Organic Facial</b>	<b>\$95</b>
Includes a choice of Lip/eye or hand/foot treatment	
<b>All about You Facial 1 hour</b>	<b>\$75</b>
Chemical peel facial	
<b>High-Frequency</b>	<b>\$10</b>
<b>CBD Facial</b>	<b>\$80</b>

## Wood - Skin Care Treatments

### Hydrafacial Procedure

See Desk for \$

The Hydrafacial resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extractions, and hydration, including Vortex-fusion of antioxidants, peptides, and hyaluronic acid. The Hydrafacial is non-invasive, non-surgical procedure that delivers instant results with no discomfort or downtime. This procedure is immediately effective.

**Lip Perk add - on \$30      Eye Perk add-on \$40**

<b>Organic Hydrafacial 1 hour</b>	<b>\$160</b>
<b>Chemical Peel 1/2 hour</b>	<b>\$65</b>
<b>Facial Dermaplaning</b>	<b>\$55</b>
<b>Lip Treatment add-on</b>	<b>\$15</b>
<b>Eye Treatment add-on</b>	<b>\$10</b>
<b>Hand and Foot Treatment add-on</b>	<b>\$15</b>
<b>Facial Cupping add on</b>	<b>\$15</b>

## Fire - Hot Stone Massage

Melt away aches and pains with a Hot Stone massage in our Fire Room

<b>Hot Stone Massage 1/2 hour</b>	<b>\$50</b>
<b>Hot Stone Massage 1 hour</b>	<b>\$85</b>
<b>Hot Stone Massage 1 1/2 hour</b>	<b>\$105</b>
<b>Dry Brush add-on</b>	<b>\$10</b>
<b>Acupuncture New Clients 1 1/2 hour</b>	<b>\$110</b>
<b>1 hour</b>	<b>\$80</b>
<b>1/2 hour</b>	<b>\$45</b>
<b>Bodywork by Acupuncturist</b>	
<b>1/2 hour</b>	<b>\$30</b>
<b>1 hour</b>	<b>\$70</b>
<b>1 1/2 hour</b>	<b>\$90</b>

### Shirodhara Massage 1 hour \$85

Experience a treatment unique and powerful in its ability to relieve physical and emotional tension and achieve a state of ultimate calmness in the nervous system. Shirodhara opens your chakras while incorporating a foot massage and therapeutic oil flowing on your third eye.

### Peppermint Chill 1 1/2 hour \$95

Full body dry brush, incorporates hot and cold stones, Peppermint foot scrub, invigorating scalp with cold stone facial massage to finish.

### Synergy Massage 1 1/2 hour \$95

A full-body dry brush to refresh the skin, Raindrop oils on the back to help build your immune system and a warm mud feet to help prepare your body for detoxing.

[www.HeDaySpa.com](http://www.HeDaySpa.com)





## Escape in our Water Room with a Vichy Shower Treatment.

We are proud to have the only Vichy shower in the area.  
Let the feeling of a thousand rain drops soothe your aches  
and calm your mind.

### Season of Elements \$70

Full body sugar scrub to remove lifeless skin and hydration to replenish dry skin.

### Vichy Shower (add-on) 1/2 hour \$50

The vichy shower is perfect addition to your spa experience

### Water Massage 1 hour \$85

Let the Element of Water and our Vichy shower wash your stress right down the drain with a tropical rainstorm for your body.

### Dead Sea Mud Wrap \$75

Let the healing properties of our warm dead sea mud and essential oils vanish fatigue and stress.  
mask on your

## Water - Vichy Shower Treatments

### Float Therapy

#### Float Pool 1 hour \$60

Flotation Therapy is essentially a way of achieving deep relaxation by spending an hour or more lying quietly in darkness, suspended in a warm solution of Epsom salt. Ultimate relaxation for your muscles.

#### Float Pool 1/2 hour \$30

#### Float Pool 1 1/2 hour \$75

#### Raindrop Therapy 1 hour \$85

Drops of pure essential oils fall like gentle rain onto your back. It is designed to bring the body into balance, release blockages and help align the energy centers of the body. \*some contraindications

#### Raindrop Therapy 1 1/2 hour \$100

A full-body massage including the raindrop oils.

## Spa Packages

Can't decided on just one service. Pick a Package at a discounted rate.

### Package of 5 - get 6th for FREE

Choose any service we offer and purchase a package of 5, get the 6th for FREE.

### Healing Package \$130

1 Hour Massage and 1 Hour Facial

### Elements Package \$255

1 1/2 hour Hot Stone Massage, 1 hour Facial, 1 hour Season of Elements and 1/2 hour Invigorating Scalp Massage

### Nails Package \$80

1 hour Spa Manicure and 1 Hour Spa Pedicure

### Float Package - choice of 3 \$165 or 6 \$300

### Float Membership \$50/ month

See desk for details

### Package of your Choice Call for Price

Don't see a package that you like? Call us and we can tailor a package just for you! Receive 10% off any spa services totaling 2 hours or more.

### HE Signature Package \$350

1 hour Water Massage, 1/2 hour Invigorating Scalp massage, Hydrafacial procedure, Hair Conditioning service with style, Spa Manicure with UV Polish and Spa Pedicure

- Our best of the best!

\*Discounts and specials must be used separately.

[www.HeDaySpa.com](http://www.HeDaySpa.com)

## The Element of Hair

### Heal Your Style

Our Professional experienced and trendy group of stylists are sure to meet your every need, whether you desire a simple trim or a complete makeover.



<b>Women's Haircut</b>	<b>\$35</b>	<b>Formal Updo</b>	<b>from \$45</b>
<b>Men's Haircut</b>	<b>\$25</b>	<b>Hair Conditioning add on</b>	<b>\$15</b>
<b>Children's Haircut (under 11)</b>	<b>\$20</b>	<b>Aloxxi Rxx Treatment</b>	<b>\$45</b>
<b>Full Highlights</b>	<b>from \$80</b>	<b>Brazilian Blow out</b>	<b>from \$190</b>
<b>Partial Highlights</b>	<b>from \$55</b>	<b>GK Straightening System</b>	<b>from \$150</b>
<b>All-over Color</b>	<b>from \$50</b>	<b>Balayage</b>	<b>from \$90</b>
<b>Retouch Color</b>	<b>from \$40</b>	<b>Tape-in or Halo Extensions</b>	<b>see stylist for prices</b>
<b>Perm with Haircut</b>	<b>from \$85</b>		
<b>Shampoo with Style</b>	<b>from \$33</b>		
<b>Style</b>	<b>from \$27</b>		
<b>HE Blow Out</b>	<b>from \$40</b>		
<b>Hair Consult</b>	<b>\$20*</b>		

\*Price in put on account for actual service

Haircuts include shampoo and style

Longer hair may incur an increased price.

Additional charges may incur due to higher levels in hair or nails

Call for a Consult

## The Element of Nails

Treat your hands and feet to the attention they deserve.

We offer natural nail services using CND Shellac, OPI Infinite Shine and CND Vinylux. Shellac punch cards are available.



<b>Mini Manicure (10 and under)</b>	<b>\$20</b>	<b>Pedicure</b>	<b>\$45</b>
<b>Mini Pedicure (10 and under)</b>	<b>\$30</b>	<b>Spa Pedicure</b>	<b>\$55</b>
<b>Nail Art</b>	<b>Additional Charge</b>	Includes scrub and mask	
<b>Manicure</b>	<b>\$30</b>	<b>MoroccanOil Spa Pedicure</b>	<b>\$60</b>
<b>Spa Manicure</b>	<b>\$40</b>	<b>Removal of Shellac Polish</b>	<b>\$10</b>
Includes scrub and mask		<b>Hot Stone Pedicure add-on</b>	<b>\$5</b>
<b>MoroccanOil Spa Manicure</b>	<b>\$45</b>	<b>Manicure Uv add-on</b>	<b>\$10</b>
<b>MoroccanOil Nails Package</b>	<b>\$85</b>	Manicure polish can last 2-3 weeks	
<b>Hand Paraffin</b>	<b>\$5</b>	<b>Pedicure Uv add-on</b>	<b>\$15</b>
		Pedicure polish can last 2-3 weeks	
		<b>French Tip Polish</b>	<b>\$10</b>
		<b>Nail Art</b>	<b>\$10</b>

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## Makeup and Waxing Services

Please make sure there is 1/4" hair growth for removal of the underarms, bikini and legs.

No tanning 24 hours before. No use of Retin-A or Renova products.



### Waxing Services

Lip	\$10
Brow	\$15
Lip & brow	\$22
Chin	\$12
Lip & Chin	\$20
Full Face	\$30
Underarms	\$20
Arms	\$30
Nose	\$20
Chest & Midriff	\$45
Back & Shoulders	\$55

Bikini	\$40
Partial Brazilian	\$50
Brazilian	\$70
Half Legs (knees down)	\$50
Full Legs	\$75

Make-up	\$30
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Lash Tinting	\$20
Brow Tinting	\$15
Lash & Brow Tinting	\$30
Lash Lift	\$60
Lash Lift with Tint	\$75

Classic Eyelash Extensions      Full Set \$150    Fill \$50

**Giving the Gift of Wellness is perfect for any occasion!**

**Birthdays ~ Graduations ~ Anniversaries ~ Congratulations ~ Thanks**

## Gift Certificates



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