

# Healing Elements Day Spa

2175 Continental Dr. ~ West Bend, WI 53095 ~ 262-306-6691 ~ www.HeDaySpa.com

## Guest Intake Form

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_  
ADDRESS: \_\_\_\_\_  
CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_  
HOME Phone: \_\_\_\_\_ CELLULAR: \_\_\_\_\_  
WORK: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

WOULD YOU LIKE TO BE CONFIRMED FOR SERVICES VIA: Text Email Both  
LIKE US ON FACEBOOK FOR ALL OUR CURRENT SPECIALS AND DISCOUNTS

DATE OF BIRTH: \_\_\_\_\_ SEX: M F  
OCCUPATION: \_\_\_\_\_  
EMERGENCY CONTACT NAME & RELATIONSHIP: \_\_\_\_\_  
PHONE NUMBER TO BE REACHED AT: \_\_\_\_\_  
HOW WERE YOU REFERRED TO OUR DAY SPA? \_\_\_\_\_

### **HEALING AWAITS YOU...**

HAVE YOU EVER HAD A MASSAGE? Yes \_\_\_\_\_ No \_\_\_\_\_  
HAVE YOU EVER HAD A FACIAL? YES \_\_\_\_\_ NO \_\_\_\_\_  
HAVE YOU EVER HAD A BODY TREATMENT? YES \_\_\_\_\_ NO \_\_\_\_\_  
ARE YOU HERE FOR HEALING OF YOUR: MIND ~ BODY ~ SPIRIT  
ARE YOU CURRENTLY EXPERIENCING PAIN? \_\_\_\_\_  
CURRENT MEDICATIONS (TOPICAL & INTERNAL): \_\_\_\_\_  
\_\_\_\_\_  
ALLERGIES OR SENSITIVITIES: \_\_\_\_\_  
ALLERGIC TO ANY NUTS, NUT OILS, OR LATEX? \_\_\_\_\_  
SURGERIES: \_\_\_\_\_  
HAVE YOU HAD CANCER \_\_\_\_\_ TYPE: \_\_\_\_\_

DO YOU HAVE ANY OF THE FOLLOWING:  
ARTHRITIS \_\_\_\_\_ DIABETES \_\_\_\_\_ HIGH/LOW BLOOD PRESSURE \_\_\_\_\_  
VARICOUS VEINS \_\_\_\_\_ BLEEDING DISORDER \_\_\_\_\_ NAIL FUNGUS \_\_\_\_\_  
DIZZINESS \_\_\_\_\_ CLAUSTROPHOBIA \_\_\_\_\_ HEAD INJURY \_\_\_\_\_  
DO YOU HAVE A PACEMAKER? Yes \_\_\_\_\_ No \_\_\_\_\_  
DO YOU SMOKE? Yes \_\_\_\_\_ No \_\_\_\_\_  
DO YOU WEAR CONTACT LENSES? Yes \_\_\_\_\_ No \_\_\_\_\_  
DO YOU WEAR HEARING AIDS? Yes \_\_\_\_\_ No \_\_\_\_\_  
ARE YOU UNDER THE CARE OF A DERMATOLOGIST? YES \_\_\_\_\_ NO \_\_\_\_\_  
DERMATOLOGISTS NAME: \_\_\_\_\_  
REASON FOR TREATMENT: \_\_\_\_\_  
WHICH OF THE FOLLOWING DO YOU USE AND WHAT BRAND:  
SOAP \_\_\_\_\_ CLEANSER \_\_\_\_\_ SCRUB \_\_\_\_\_  
MOISTURIZER \_\_\_\_\_ MASKS \_\_\_\_\_ OTHER \_\_\_\_\_  
HOW MUCH WATER DO YOU DRINK IN A DAY? \_\_\_\_\_ CAFFEINE? \_\_\_\_\_  
ALCOHOL? \_\_\_\_\_ Other? \_\_\_\_\_  
HOW WOULD YOU DESCRIBE YOUR DAILY LEVEL OF STRESS? \_\_\_\_\_  
DO YOU EXERCISE REGULARLY? YES: \_\_\_\_\_ NO: \_\_\_\_\_

OVER

**FOR WOMEN:**

ARE YOU PREGNANT: YES \_\_\_\_\_ NO \_\_\_\_\_ IF YES, # OF WEEKS \_\_\_\_\_

DUE DATE: \_\_\_\_\_

ARE YOU UNDER THE CARE OF A DOCTOR? YES \_\_\_\_\_ NO \_\_\_\_\_

IS YOUR DOCTOR AWARE OF YOU BEING HERE? YES \_\_\_\_\_ NO \_\_\_\_\_

<p><b>SKIN CONDITIONS:</b> PLEASE INDICATE CONCERNS:  <input type="checkbox"/> ACNE    <input type="checkbox"/> ACNE ROSACEA  <input type="checkbox"/> AGING    <input type="checkbox"/> BACK/CHEST ACNE  <input type="checkbox"/> BLACKHEADS    <input type="checkbox"/> RAZOR BUMPS  <input type="checkbox"/> BURN    <input type="checkbox"/> CYSTIC ACNE  <input type="checkbox"/> DERMATITIS    <input type="checkbox"/> ROSACEA  <input type="checkbox"/> DARK UNDER-EYE CIRCLES  <input type="checkbox"/> DRY SKIN    <input type="checkbox"/> ELASTISITY LOSS  <input type="checkbox"/> ENLARGED PORES  <input type="checkbox"/> LINES/WRINKLES    <input type="checkbox"/> SUNBURNS  <input type="checkbox"/> WHITEHEADS    <input type="checkbox"/> OILINESS  <input type="checkbox"/> MOLES    <input type="checkbox"/> STRETCH MARKS  <input type="checkbox"/> PRE/POST OPERATIVE CARE  <input type="checkbox"/> SCARRING    <input type="checkbox"/> UNEVEN SKIN  <input type="checkbox"/> DISCOLOURATION  <input type="checkbox"/> BROKEN CAPPILLARIES          HAVE YOU PREVIOUSLY UNDERGONE:  <input type="checkbox"/> MICRODERMABRASION  <input type="checkbox"/> PEELS, CIRCLE TYPE:          LACTIC ACID    GLYCOLIC ACID          SALICYLIC ACID    CHEMICAL</p>	<p><b>SUN EXPOSURE HISTORY:</b> DO YOU SUNBURN/TAN EASILY?  <input type="checkbox"/> ALWAYS BURN, NEVER TAN  <input type="checkbox"/> SELDOM BURN, TAN EASILY  <input type="checkbox"/> NEVER BURN, TAN EASILY  <input type="checkbox"/> USUALLY BURN, TAN WITH DIFFICULTY          APPROXIMATE SUN EXPOSURE:  <input type="checkbox"/> MINIMAL  <input type="checkbox"/> OCCASIONAL  <input type="checkbox"/> RECREATIONAL  <input type="checkbox"/> OCCUPATIONAL          DO YOU USE A TANNING BED? <input type="checkbox"/> YES  <input type="checkbox"/> NO              IF YES, HOW OFTEN?          _____          DO YOU USE AN SPF DAILY?  <input type="checkbox"/> YES    <input type="checkbox"/> NO IF YES _____ %</p>
--	--

WHEN WAS THE LAST TIME YOU ATE: \_\_\_\_\_

HAVE YOU RECENTLY HAD ANY SYMPTOMS OF A COLD: \_\_\_\_\_

PLEASE LIST ANY OTHER INFORMATION WE MAY NEED TO KNOW ABOUT: \_\_\_\_\_

**CONSENT TO TREAT:**

BY SIGNING THIS CONSENT I GIVE PERMISSION TO RECEIVE TREATMENT FROM CERTIFIED AND LICENSCEED PROFESSIONALS OF HEALING ELEMENTS DAY SPA. I REALIZE THAT THE TREATMENT IS BEING GIVEN FOR THE WELL-BEING OF MY MIND AND BODY. I AGREE TO COMMUNICATE WITH MY PRACTITIONER ANY TIME I FEEL THAT MY WELL-BEING IS BEING COMPROMISED. I UNDERSTAND THE RISKS ASSOCIATED WITH MASSAGE, SKIN CARE TREATMENTS, AND BODY SERVICES AND ASSUME RESPONSIBLILITY FOR SUCH TREATMENTS. I UNDERSTAND THAT THE SERVICE STAFF DO NOT DIAGNOSE ILLNESS, DISEASE, OR ANY PHYSICAL OR MENTAL DISORDER; NOR DO THEY PRECRIBE MEDICAL TREATMENT, PHARMACEUTICALS, OR PERFORM SPINAL THRUST MANIPULATIONS. I ACKNOWLEDGE THAT MASSAGE IS NOT A SUBSTITUTE FOR MEDICAL EXAMINATION OR DIAGNOSIS, AND THAT IT IS RECOMMENDED THAT I SEE A PRIMARY HEALTH CARE PROVIDER FOR THAT SERVICE.

I HAVE STATED ALL MEDICAL CONDITIONS THAT I AM AWARE OF AND WILL UPDATE MY SERVICE PROFESSIONAL OF ANY CHANGES IN MY HEALTH STATUS.

I UNDERSTAND THAT HEALING ELEMENTS DAY SPA REQUIRES A 24-HOUR CANCELLATION NOTICE FOR ANY SINGLE SEERVICE AND A 48-HOUR CANCELLATION NOTICE FOR WEEKENDS, MULTIPLE SERVICES OR GROUPS OF 2 OR MORE.

**SIGNATURE** \_\_\_\_\_ **DATE** \_\_\_\_\_

\_\_\_\_\_ **DATE** \_\_\_\_\_

PARENT OR GUARDIAN FOR THOSE 17 AND UNDER